

# Contents

## 1 Basic principles 1

- 1 Microanatomy of the skin 2
- 2 Derivatives of the skin 4
- 3 Physiology of the skin 6
- 4 Biochemistry of the skin 8
- 5 Inflammation, immunity and the skin 10
- 6 Molecular genetics and the skin 12
- 7 Terminology of skin lesions 16
- 8 Taking a history 18
- 9 Examining the skin 20
- 10 Practical clinic procedures 22
- 11 Dermoscopy 24
- 12 Basics of medical therapy—topical treatments 28
- 13 Basics of medical therapy—systemic medication, other treatments, monitoring and scoring systems 30
- 14 Epidemiology of skin disease 32
- 15 Body image, the psyche and the skin 34

## 2 Diseases 37

### Eruptions 38

- 16 Psoriasis—epidemiology, pathophysiology and presentation 38
- 17 Psoriasis—topical treatment and disease complications 40
- 18 Psoriasis—systemic treatments 42
- 19 Eczema—acute, chronic and irritant 44
- 20 Eczema—allergic contact dermatitis and patch testing 48
- 21 Eczema—atopic eczema 50
- 22 Eczema—other forms 52
- 23 Lichenoid eruptions 54
- 24 Paposquamous eruptions 56
- 25 Erythroderma 58
- 26 Photodermatology 60

### Infections 62

- 27 Bacterial infection—staphylococcal and streptococcal 62
- 28 Other bacterial infections 64
- 29 Viral infections—warts and other viral infections 66
- 30 Viral infections—herpes simplex and herpes zoster 68
- 31 Human immunodeficiency virus disease and immunodeficiency syndromes 70
- 32 Fungal infections 72
- 33 Yeast infections and related disorders 74
- 34 Tropical infections and infestations 76
- 35 Infestations 78

### Disorders of specific skin structures 80

- 36 Sebaceous and sweat glands—acne 80
- 37 Sebaceous and sweat glands—rosacea and other disorders 82
- 38 Disorders of hair 84
- 39 Disorders of nails 86
- 40 Vascular and lymphatic diseases 88
- 41 Leg ulcers 90
- 42 Pigmentation 92
- 43 Urticaria 94
- 44 Blistering disorders 96
- 45 Connective tissue diseases—lupus erythematosus and systemic sclerosis 98
- 46 Vasculitis and the reactive erythemas 102

### Internal medicine 104

- 47 Skin changes in internal conditions 104
- 48 Drug eruptions 106
- 49 Associations with malignancy 108

### Inherited disorders 110

- 50 Keratinization and blistering syndromes 110
- 51 Neurocutaneous disorders and other syndromes 112

### Skin tumours 114

- 52 Benign tumours—epidermal and dermal 114
- 53 Benign tumours—dermal structures and appendages 116
- 54 Naevi 118
- 55 Skin cancer—pre-malignant disorders 120
- 56 Skin cancer—basal cell carcinoma 122
- 57 Skin cancer—squamous cell carcinoma 124
- 58 Skin cancer—malignant melanoma 126
- 59 Cutaneous T-cell lymphomas, B-cell lymphomas and malignant dermal tumours 128
- 60 Ageing and photoageing of the skin 130

## 3 Special topics in dermatology 131

- 61 Biologies—their use in skin disease 132
- 62 Phototherapy 134
- 63 Basic dermatological surgery 136
- 64 Advanced dermatological surgery 138
- 65 Cosmetics and cosmetic procedures 142
- 66 Paediatric dermatology—childhood eczemas and other dermatoses 144
- 67 Paediatric dermatology—vascular naevi and dermatoses of the newborn 146
- 68 The skin in old age 148
- 69 The skin in pregnancy 150
- 70 Genitourinary infections 152
- 71 Female genital dermatoses 154
- 72 Male genital dermatoses and perianal skin diseases 156
- 73 Skin disease in people of colour 158
- 74 Occupation and the skin 160
- 75 Immunological tests 162
- Bibliography and online resources 165